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MUNICIPAL

A WASTE REDUCTION GUIDE
FOR RESIDENTS OF
HAMILTON-WENTWORTH



HAMILTON-WENTWORTH
GREEN VENTURE



Green Venture Products and Services

Green Venture offers a variety of products and innovative services to residents in the Region of Hamilton-Wentworth.

Whether you are renovating your current home or purchasing a new one, the **EnerGuide For Houses** home energy evaluation will help you set priorities for home improvements and lower your energy bills. The two hour visit will help you determine:

- * where and how much air leakage is occurring (air leakage accounts for one-third of heat loss in a typical Canadian home)
- * how you can improve your home's energy use and comfort

The **20% Club Homeowner Consultation** encourages local citizens to reduce greenhouse gas emissions which contribute to climate change. The focus is on improving home energy efficiency and reducing reliance on the automobile. The **free** one-hour consultation by our knowledgeable Green Venture Advisors includes the installation of water saving shower-heads and faucet aerators (which save up to \$80 in energy costs!), and a **Homeowner Action Plan** which helps you save money and reduce your impact on climate change.

Green Venture also sells backyard composters, rainbarrels and biodegradable cleaning products.

For a free No Flyers sticker for your mailbox, please send a self-addressed, stamped envelope to Green Venture, 150 Main St. W., Suite #530, Hamilton, Ontario, L8P 1H8.

To book an EnerGuide or 20% Club Homeowner Consultation please call us at 540-8787.

For more information call Green Venture at (905)540-8787

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For more information call Green Venture at (905)540-8787

INTRODUCTION

Did you know that if you buy second-hand clothing you can decrease the amount of landfill space that is needed? And when you choose to purchase used furniture, you are saving trees! Reuse helps to preserve the environment AND saves you money!!

Every day in the Region of Hamilton-Wentworth, millions of items that can be reused are thrown in the garbage. Remember the order of the three R's—Reduce, Reuse and Recycle, is very important!! Try to reduce the amount of items and packaging that you purchase first! But since we live in a consuming society, when you do purchase, consider buying used goods.

This guide has been printed to help you decrease the amount of waste you set out at the curb each week. Many goods will be gladly welcomed for reuse by a business or organization in the area. The next time you are looking to buy something new, save your money on a quality second-hand good instead.

This guide includes listings for everything from appliances to bicycles to video games. And if there is something missing that you would like to see included, please let us know.

Thank you for becoming a part of the reuse generation. Remember that a lot of little decisions to help the environment will make a big difference in our community!

Outside front cover photo is a waterfall located in the
Dundas Valley Conservation Area.

Outside back cover photo is Tews Falls at
Spencer Gorge.

Green Venture

Hamilton-Wentworth Green Venture is a non-profit community organization dedicated to improving the environment by effecting changes in citizen behaviour and encouraging sustainable development. It was incorporated as a non-profit organization in March 1995.

Green Venture is results-oriented. We help people to save energy and water, reduce waste, avoid toxic chemicals, reduce air pollution, etc., through changing behaviour, improving their homes and vehicles and using green products and services. We provide **20% Club Homeowner Consultations** and **EnerGuide for Houses** to residents in the community which provide energy saving recommendations to homeowners.

Green Venture is built on community partnerships, involvement and support. We are locally planned and managed to address local needs and opportunities. We work together with other communities nationally through the Green Communities Association.

If you have any questions about Green Venture, or are interested in our other services, please contact us at (905) 540-8787, or email us at contact@greenventure.on.ca.

Canada Trust Friends of the Environment Foundation

The Friends of the Environment Foundation is a non-profit organization established by Canada Trust in 1990. The Foundation provides funding support to initiatives that make a positive impact on the Canadian environment. For as little as \$1 a month, Canada Trust customers can support the Friends of the Environment Foundation and help provide for projects that will benefit the local community. Canada Trust will match its customer's monthly donations up to an annual maximum of one million dollars. Friends of the Environment supporters can become a member of the local advisory board and recommend which projects should be supported. Over 110 local advisory boards have been established across Canada. For more information, contact your local Canada Trust branch.

Regional Municipality of Hamilton-Wentworth

Regional Environment Department Environmental Mission Statement

“The Regional Environment Department is committed to working toward the goals of Vision 2020 and Regional Council's Environmental Policy. We will continually improve our environmental performance to sustain and protect our human and natural community by strengthening positive effects and reducing negative ones as we deliver our services to the community.”

REUSE ETHICS

- * **Always call ahead.** Not all businesses will accept all products. Store hours and operations also vary depending on season.
- * **Do not donate broken or poor quality used goods.** Consider if you would want to purchase the good before donating. Businesses have to pay to dispose of goods that are not saleable.
- * **Understand the type of operation.** All businesses operate differently. Some buy used goods, some accept donations, some accept goods on consignment, and some operate by trade-ins. Check the directory at the back for more details.
- * **Check for warranties and condition.** Before you purchase a used good, check to see that it is in working order and does not need repair. Inquire into warranties and obtain a receipt.

WASTE REDUCTION TIPS

Here are some valuable tips that can help you reduce the amount of waste you produce even before making a purchase.

- * Use refillable coffee mugs, water bottles and lunch containers.
- * Take a reusable cloth bag with you when you go grocery shopping.
- * Buy an existing home rather than having one built new.
- * Use rechargeable Ni-Cd batteries that last longer and are recyclable.
- * Catch rainwater off your roof in a rainbarrel, and use that water on your lawn and garden.
- * Wrap gifts in reusable gift bags, rather than disposable wrapping paper.
- * Walk if your trip is short.
- * Buy in bulk so that you can buy less packaging in the future.
- * Buy packages with multiple serving units and of one material so they can be recycled.
- * Buy reusable products rather than disposable products, including razors, pens, lighters, diapers, cameras and batteries.
- * Buy high quality goods that will last to reduce future consumption.
- * Rent or share items that are not used frequently, such as extension ladders and snow blowers.
- * Use email when possible.

Charities/Non-Profits

Bible For Mission Thrift Store

622 Upper James St., Hamilton
383-0004

Accepts appliances, bikes, books, cds, cassettes, children's products and accessories, clothing, furniture, sports equipment and vacuum cleaners. All proceeds go to Bible For Mission charity. Operates store at address listed above.

Family Support Centre—Alzheimer Society

1685 Main St. W., Suite #206, Hamilton
529-7030

Accepts kitchen wares, small tape recorders, decorations, floral items, craft supplies, bookshelves and computer monitors for use within the family support centre. The Support Centre provides a recreational program for clients with dementia while the caregiver attends a support group.

Girl Guides of Canada

918 Main St. E., Hamilton
549-2420

Accepts Brownie and Guide uniform items, specifically t-shirts, pants, sweats, dresses and accessories. Girl Guides of Canada-Guides du Canada is a movement for girls, led by women.

Mission Services of Hamilton—Community Programs

50 Murray St. W., Hamilton
528-4211

Accepts food (for emergency food assistance) and toiletries. Will pick up donations of food only. Other pick ups are on an "as needed item" basis only. Please call ahead.

Mission Services of Hamilton-Inasmuch House for Women and Children in Crisis

81 Stuart St., Hamilton
529-8149

Accepts household items, toiletries, clothing within season for children, youth and women, used furniture posted for resident's information and beddings. Pick up not available.

Mission Services of Hamilton—Men's Residence and Suntrac Recovery Program

325 James St. N., Hamilton
528-7635

Accepts clothing for men, food, toiletries, furniture and household items. Pick up available only on an "as needed item" basis.

New Horizons Thrift Shop

520 James St. N., Hamilton

529-6891

Accepts books, cds, cassettes, children's products and accessories, clothing, computers, furniture, home accessories and sports equipment. Operates store at address listed above.

North End Contribution/Distribution Centre

663 Barton St. E., Hamilton

548-0982

Accepts appliances, bikes, books, cds, cassettes, children's products and accessories, clothing, computers, furniture, home accessories, sports equipment, vacuum cleaners and video games or anything else that comes in. Sends donations to specific families and countries. Operates a store at the address listed above.

Ontario March of Dimes

20 Jarvis St., Hamilton

528-9432

Accepts toys, clothing and shoes in good condition. Ontario March of Dimes offers programs and services for women and men with physical disabilities to assist them in achieving independent and fulfilling lives.

Recycle Cycles

19 Pearl St. N., Hamilton

577-7753

Accepts discarded bicycles from the community, repairs them and resells them to people in need of a good bicycle, but who are unable to afford one.

The St. Leonard's Society of Hamilton

73 Robert St., Hamilton

572-1150

Accepts cash donations, men's clothing and housewares. The St. Leonard's Society operates a halfway house for male federal offenders.

Ad Mail

An estimated 13 billion pieces of junk mail are delivered to Canadians every year. That breaks down to about 450 pieces of mail for every member of your family! You do have a choice to receive it or not. Write to Canadian Direct Marketing Association, and ask to be taken off of their lists. Be sure to include all forms of your name. All ad mail can be recycled in your blue box.

Do Not Mail Service

c/o Canadian Direct Marketing Association
1 Concord Gate, Suite #607
North York, ON
M3C 3N6



Antiques & Collectibles

Add a vintage touch to your home. Try buying antique furniture, jewellery, and trinkets rather than buying new. Antiques and collectibles are a classy way to update your house and reuse!! Also look for auctions, flea markets and estate sales to buy and sell used goods.

Ashbury Antiques

158 Locke St. E.,
Hamilton
527-4661

Drury Lane Antiques

176 Locke St. S.,
Hamilton
527-4661
Will come to house to look
at antiques.

Gobles Sales Arena

521-6807
Partial or complete
estates.

One Forty Eight Shop

148 James St. S.,
Hamilton
522-2145

Rock Chapel Antiques and Statuary

163 Hwy 5
(Clappison's Corners), Flamborough
639-3639

A

Second Time Around
307 Dundas St. E.,
Waterdown
689-4984

Trade Winds Antiques and Refinishing
7 Gertrude St.,
Hamilton
549-4848

The Villa Ltd.
222 Main St. W.,
Hamilton
529-7173

Wooden Horse Antiques
451 Barton St. E.,
Hamilton
522-4727



Appliances - Large

Hamilton-Wentworth has many stores that buy, sell or accept donations of used appliances. Some stores that sell used appliances will also do repair work. When buying a new appliance, check the EnerGuide label to ensure that it is energy efficient and will save you money on your Hydro Bill. If you are unable to reuse your large appliances, call the White Goods/Appliance Hotline for pick-up. They will remove the CFC's and recycle all useable parts.

Note: Under Ontario law a certified person must remove the coolant and attach a notice confirming that the CFC's have been taken away. CFC's are dangerous to the ozone layer if they escape into the atmosphere.

Dependable Used Appliances **Eastside Furniture Sales**
1046 Barton St. E., 413 Barton St. E.,
Hamilton Hamilton
544-4113 528-9716

Major Appliances Plus
8 Ottawa St. N.,
Hamilton
549-1911

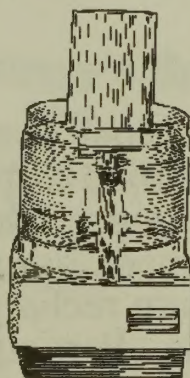
McVey's Sales
689 Barton St. E.,
Hamilton
548-0980

The Appliance Doctor
617 Upper Wellington St.,
Hamilton
574-2474

Appliances—Small

Small household appliances have become an important part of our daily lives. We use them to eat, relax, clean, even to wake us up in the morning! When looking for an upgrade or replacing an old appliance, consider these stores that sell used small appliances.

McVey's Sales
689 Barton St. E.,
Hamilton
664-8884



Value Village Stores Inc.
2 Locations:
530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884

Automotive Parts

New auto parts can be very expensive. Why not buy used products or auto parts that have been repaired to be as good as new? These businesses either sell, accept or purchase used auto parts.

**Advantage Auto Parts
& Wreckers**
73 Beach Rd.,
Hamilton
549-5537

AFB Auto Electric Inc.
467 Kenilworth Ave. N.,
Hamilton
549-3022

Cindy's Auto Wreckers
27 Whitfield Ave.,
Hamilton
544-8016

D & K Auto Recycling
1587 Brock Rd., R.R. # 4,
Dundas
659-7850

A-B

East End Tire

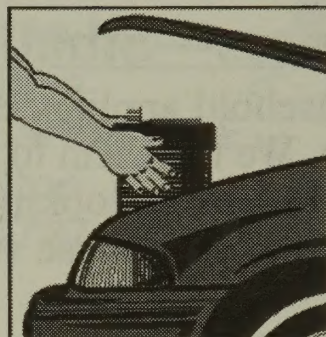
1230 Barton St. E.,
Hamilton
544-6250

GPV's 4x4 Inc.

319 Arvin Ave.,
Stoney Creek
662-3922

Mann Auto Parts & Service Ltd.

895 Collinson Rd.,
Dundas
526-9422



Batteries

Batteries contain certain toxics which can be hazardous to human health. They should be disposed of at Hotz's Household Hazardous Waste Depot. The Rechargeable Battery Recycling Corporation of Canada has organized a battery drop-off program for Nickel-Cadmium rechargeable batteries at retail locations throughout Canada. Participating stores include Radio Shack, Canadian Tire, Zellers, Astral Photo Images, Blacks Photography, Cantel and Battery Plus. Call 1-800-822-8837 to find the closest participating outlet.

Hotz Environmental Services

239 Lottridge St.,
Hamilton
545-2665

Bicycles

Cars are adding pollutants to our air every day. Try taking public transportation, walking or bicycling around town. These stores sell quality used bikes, and most take trade-ins or donations. Please call ahead, because most stores will only accept bikes within a certain age or of a certain brand.

Ancaster Cycle Ltd.

365 Wilson St. E.,
Ancaster
648-2288

Davidson's Sports & Cycle Shop

952 Upper Wellington St.,
Hamilton
383-0435

Hamilton Audiovideo Liquidators

201 King St. E.,
Hamilton
523-5937

Recycle Cycles

19 Pearl St. N.,
Hamilton
577-7753

Spin Cycle

242 Governors Rd.,
Dundas
627-2426

Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

Kenesky Sports & Cycle Co. Ltd.

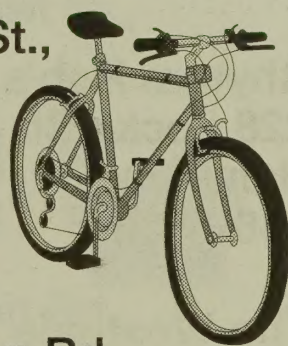
221 Barton St. E.,
Hamilton
527-1021

Scattolon Cycle & Sports

1527 Upper Ottawa St.,
Hamilton
574-6778

Springy's Sports & Cycle Co. Ltd.

1048 Barton St.,
Hamilton
544-2657



840 Queenston Rd.,
Stoney Creek
664-8884

Books

Instead of buying new, borrow a book from the library or a friend. Donate your used books to local hospitals, senior citizen's homes and offices. Search through these quaint bookstores to find that perfect book already enjoyed by someone else. And when you are done with it take the book back so someone else can find it.

Allan Petteplace Bookseller

27 King William St.,
Hamilton
521-5535

Barone's Books

1925 King St. E.,
Hamilton
544-4240

B-C

Book Gallery-John Stirling

212 Hatt St.,
Dundas
627-5008

Quality used hardcovers and
antiquarian books, art, literature
and history.

Mike's World of Books

150 James St. S.,
Hamilton
523-5107

Rhythm Rob's

228 Locke St. S.,
Hamilton
546-5538

The Westdale Bookworm

852 King St. W.,
Hamilton
523-4345

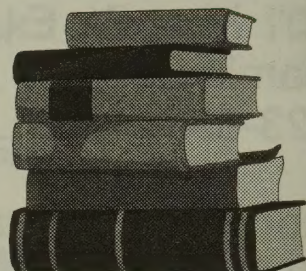
Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

Lion's Book Den

330 Ottawa St. N.,
Hamilton
544-8497



Mountain Bookstore

560 Concession St.,
Hamilton
385-6082
Paperback exchange.

The Book Shop

73 Wilson St. W.,
(Ancaster Towne Plaza), Ancaster
648-8579

Tucker Plus

159 John St. S.,
Hamilton
522-9251

CDs, Cassettes and Records

Are you looking for that certain song that you just cannot get out of your head? Take a look through these stores. They sell all of your favourites at a much lower price than buying new. Some stores will purchase your old music as well.

Converter Vision

1347 Main St. E.,
Hamilton
545-0263

In Yer Ear

172 King St. W.,
Hamilton
777-8898

Rave Records

2 Locations:

215 King St. E.,
Hamilton
777-9491

Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

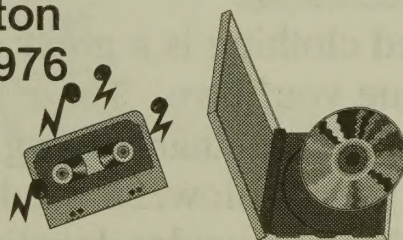
**Hamilton Audiovideo
Liquidators**

201 King St. E.,
Hamilton
523-5937

Rhythm Rob's

228 Locke St. S.,
Hamilton
546-5538

542 Concession St.,
Hamilton
387-9976



840 Queenston Rd.,
Stoney Creek
664-8884

Children's Products and Accessories

Children's products, such as toys, car seats and high chairs are used for such a short time, that buying used can really ease the load on your pocketbook. These stores provide used quality goods that will meet your needs as your children grow and grow and grow! Cloth diapers are the ecological choice. Cotton diapers are less expensive and a diaper service is much more convenient.

**Kooshies Diapers & Baby
Products**

336 Green Rd.,
Stoney Creek
662-4281
Cloth diapers.

Once Upon A Child

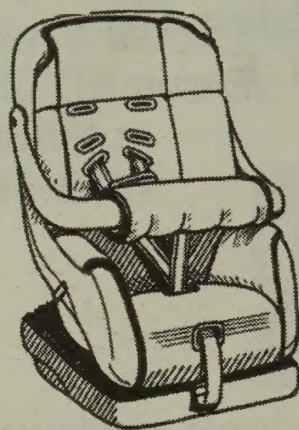
1024 Upper Wentworth St.,
Hamilton
318-8685

The Growing Place

33 King St. W.,

Dundas

628-1017

Toys, books, rentals,
clothing, original artwork.**Value Village Stores Inc.**

2 Locations:

530 Fennel Ave. E.,

Hamilton

318-0409

840 Queenston Rd.,

Stoney Creek

664-8884

Clothing

Used clothing is a great way to keep up with the fashions, or to create your own. These stores provide clothing at substantially lower prices than buying new. Some of them also sell costumes for your Halloween needs. Before throwing out your old clothing, consider donating it to one of these stores, or a local charity. Just remember that the clothing should be in good shape. Charities have to pay to dispose of all the extra clothing they receive that is not resaleable.

CHANGES

102 Dundurn St. N.,

Hamilton

777-8612

Western, vintage, funky,
sportswear.**Once Upon A Child**

1024 Upper Wentworth St.,

Hamilton

318-8685

Petticoat Junction

1405 Upper Ottawa St.,

Hamilton

318-3388

Revolving Closet

214 Ottawa St. N.,

Hamilton

547-1166

Second Time Around

307 Dundas St. E.,
Waterdown
689-4984

The Clothes Closet

5 King St. E.,
Dundas
627-5901

**Twice As Nice**

850 King St. W.,
Hamilton
540-1061

**Value Village Stores Inc.**

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

Serendipity

174 King St. W.,
Hamilton
521-1625

The Growing Place

33 King St. W.,
Dundas
628-1017

Toys, books, rentals, prenatal to preteen clothing, original artwork.

Twice Lucky

148 James St. S.,
Hamilton
528-5855

Ladies' designer clothing.

Computers

It can be very difficult and expensive to keep up with the latest computer models. The older models will usually meet your needs just as effectively, and will save you money in the process. Consider trading in your old computer for a slightly upgraded version. These stores will buy, trade or accept on consignment your used computer.

Computer Trade-In Post

190 Locke St. S.,
Hamilton
521-2983

Entertainment Direct

233 Parkdale Ave. N.,
Hamilton
312-0249



Hamilton Audiovideo Liquidators

201 King St. E.,
Hamilton
523-5937

Ribbon Green Recycling International Inc.

795 King St. E., Suite #2000
Hamilton
312-0445

Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884

Computer Accessories and Products

Do you have a used laser cartridge or inkjet cartridge? Well, don't throw it out. These stores will remanufacture your cartridge by reusing the plastic and properly disposing of the toxic residue.

Entertainment Direct

233 Parkdale Ave. N.,
Hamilton
312-0249
Software and accessories.

LaserAge

1360 Main St. E.,
Hamilton
548-0444
Remanufactured toner cartridges
for laser printers, copiers
and fax machines.

Lasertech

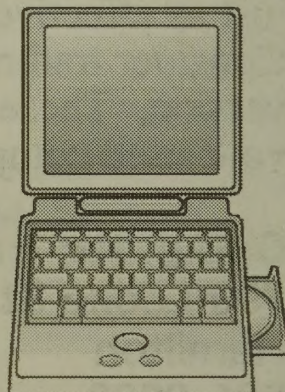
421 Concession St.,
Hamilton
318-8686
Recycled toner cartridges.

Revivaprint

1525 Stonechurch Rd. E.,
Hamilton
387-4806
Recycled laser and
ink jet cartridges.

Ribbon Green Recycling International Inc.

795 King St. E., Suite #2000,
Hamilton
312-0445
Remanufactured toner
cartridges, ink jet cartridges
and ribbons.



Compostables

Approximately 30% of residential waste consists of kitchen and yard waste that can be composted. Composting turns kitchen and yard waste into a nutrient-rich soil conditioner that can be used on gardens, lawns, shrubs or indoor plants to improve the soil.

Apartment dwellers can also compost with worms in a vermicomposter. Composters or worms are available at Green Venture. If your backyard composter is full, or if you do not own one, and you live in Hamilton, Ancaster, Stoney Creek or Dundas your leaf and yard waste will be picked up on designated days. Please call to find out when pick up will occur in your neighbourhood. To prepare your waste for curbside collection, put your leaf and yard waste in clear, plastic bags, reusable garbage containers or tied, compact bundles.

Hamilton-Wentworth Green Venture

150 Main St. W., Suite #530,
Hamilton
540-8787

Leaf and Yard Waste Recycling

Hamilton	546-2785
Ancaster	648-4405
Stoney Creek	643-1261 x217
Dundas	628-6327

Electronics

These stores sell used TVs, VCRs and stereo equipment at low prices. Keep your electronics repaired and they will outlast all the new fads.

Computer Trade-In Post

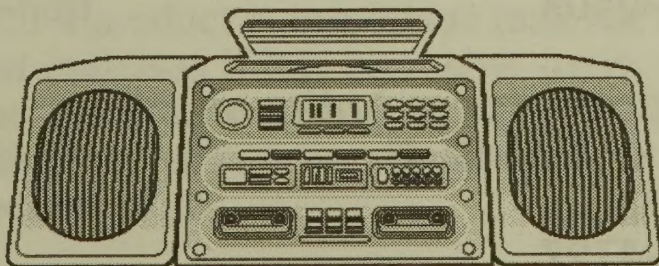
190 Locke St. S.,
Hamilton
521-2983

Hamilton Audiovideo Liquidators

201 King St. E.,
Hamilton
523-5937

McVey's Sales

689 Barton St. E.,
Hamilton
548-0980



E-F

Eyeglasses

Need a new prescription? Moving onto bifocals? Don't just throw your old eyeglasses in the garbage. Someone can make use of them! Most opticians collect used eyeglasses and send them overseas to sight-impaired people. Look in the Yellow Pages under Opticians—Dispensing, or ask your local optometrist if he or she collects glasses. You have the opportunity to make a difference not only to the environment, but to another person.

Furniture

If you are tired of the same old look for your furniture, consider having it refinished or recovered. It can provide a completely new and fashionable look at a lower price than buying new. If you are looking for a new style try these used furniture stores. You can find retro pieces, or recently loved furniture to add to your home.

Eastside Furniture Sales

413 Barton St. E.,
Hamilton
528-9716

Gobles Sales Arena

521-6807
Partial or complete estates.

Mike Hill Auction

333 Barton St. E.,
Hamilton
526-8900

Buy antiques and complete estates.

Serendipity

174 King St. W.,
Hamilton
521-1625

Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884

Wooden Horse Antiques

451 Barton St. E.,
Hamilton
522-4727

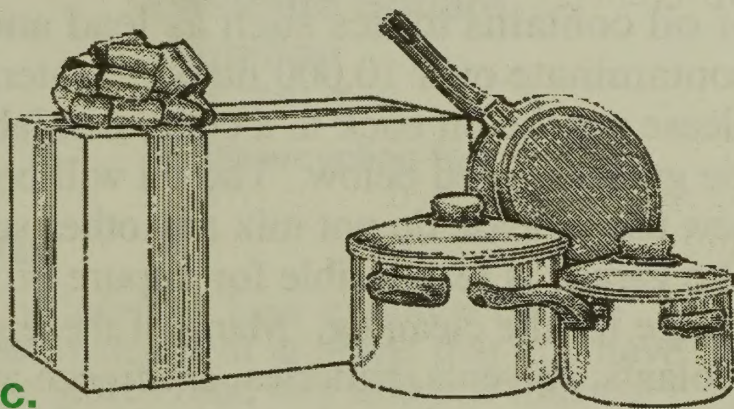


Giftware and Home Accessories

If you are starting out on your own, or are looking for that special heirloom piece, take a look through these stores. Some of these stores will purchase your used home accessories, accept them on consignment or accept donations. Please also consider donating your old dishes, lamps or tablecloths to a new student or men's or women's shelter.

McVey's Sales

689 Barton St. E.,
Hamilton
548-0980
Tools.



Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884

Household Hazardous Waste

Using hazardous materials should be avoided if possible. Use less toxic or non-toxic substitutes, and only buy what you need. If you must buy hazardous products, use them up completely, or dispose of them at the Region's Household Hazardous Waste Depot. The depot is open every Saturday, between 9:00 a.m. and 5:00 p.m. Acceptable Household Waste includes: ammonia, auto batteries, BBQ starter, battery acids, bleach, cleaning fluids, drain cleaners, dry cell batteries, gasoline, medications, motor oils, oven cleaners, paint, pesticides, pool chemicals, propane, rat poisons and solvents. If you are unsure if a product is hazardous look for the symbol on the container that indicates if it is corrosive, toxic, flammable or reactive. If these products are improperly disposed of, they can pollute groundwater, harm sewage treatment organisms and injure collection crews.

H-M

Hotz Environmental Services Inc.

239 Lottridge St.,
Hamilton
545-2665



Motor Oil

Motor Oil never belongs in the drain or in the garbage. One litre of oil contains toxics such as lead and cadmium that can contaminate over 10,000 litres of water. After an oil change please put the oil back in a container, label it and take it to one of the garages listed below. The oil will be cleaned and refined for new use. Please do not mix any other substance in with the oil. The garage is responsible for impure oil and can be made to pay a charge for the cleaning. Many of these garages will also accept coolants, solvents, batteries, antifreeze and automotive fluid.

The Household Hazardous Waste Depot located at 239 Lottridge Street in Hamilton will also accept used motor oil every Saturday between the hours of 9:00 a.m. and 5:00 p.m.

Canadian Tire

6 Locations:

50 Cootes Drive,
Dundas
627-3535

601 Upper Gage Ave.,
Hamilton
385-6011

777 Upper James St.,
Hamilton
385-5376

1089 Barton St. E.,
(Centre Mall), Hamilton
549-1338

686 Queenston Rd.,
Stoney Creek
560-1331

304 Main St. E.,
Hamilton
528-8405

Fee may apply at all Canadian Tire outlets.

Glendale Motor
407 Wilson St. E.,
Ancaster
648-4113

Jim's Service Centre
260 Locke St. S.,
Hamilton
527-4563

**Hotz Environmental
Services Inc.**
239 Lottridge St.,
Hamilton
545-2665

Wal-Mart
Eastgate Square,
Hamilton
561-7616
\$1.00 recycling fee.

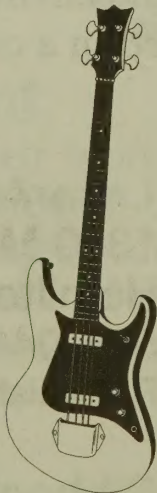
Musical Instruments

Have you always dreamed of learning how to play a certain instrument? Do you have an instrument at home that you have not touched in years? These stores rent, buy and sell musical instruments. Many of them also do repairs.

**Centre for Progressive
String Playing**
460 Main St. E., Suite BO3,
Hamilton
777-8080
Stringed Instruments.

J L Sound Systems
250 King St. E.,
Hamilton
527-6863
Instruments and sound
system equipment.

**M.E.S. Music Equipment
Sales Ltd.**
34 Parkdale Ave. N.,
Hamilton
545-0404



Computer Trade-In Post
190 Locke St. S.,
Hamilton
521-2983

Keyboard Centre
1400 Upper James St.
(White Rose Centre),
Hamilton
388-0042
Pianos and keyboards.



Mountain Music
705 Mohawk Rd. E.,
Hamilton
574-2800
Guitars, amplifiers and P.A.'s.

M-O

Payne Music House

222 King St. E.,
Hamilton
522-5631

Reggie's Music & Sound

27 John St. N.,
Hamilton
528-6739

The Music Gallery

701 Main St. W.,
Hamilton
572-9292
Specialize in used organs.

Pongetti Musical Instruments Ltd.

892 Upper James St.,
Hamilton
318-9890

The Guitar Clinic

16 McKinsty St.,
Hamilton
522-1582

Specialize in used P.A. gear, string
instruments and electronics.

The Music Stand

764 Upper James St.,
Hamilton
574-9212
Pianos.

Office Equipment

Remind your boss that buying refurbished printers and photocopiers will save money and help the environment. For all that office equipment that is being stored in a corner, these stores buy, sell and trade-in used equipment.

Computer Trade-In Post

190 Locke St. S.,
Hamilton
521-2983
Rebuild used printers.

LaserAge

1360 Main St. E.,
Hamilton
548-0444
Refurbished printers.

Lasertech

421 Concession St.,
Hamilton
318-8686
Refurbished printers.

Ribbon Green Recycling International Inc.

795 King St. E., Suite #2000,
Hamilton
312-0445
Remanufactured photocopiers.

Pharmaceuticals

If your medicine cabinet is full of half empty and expired medication, it is time to clean it out. Most pharmacies will accept expired, or half used medication for proper disposal. Empty plastic pill bottles can be recycled in your blue box.

Recyclables

Recycling is a very important component of waste reduction. The following lists some of the acceptable recyclables that you may not be aware of already. You can recycle paper and cardboard, including phone books, glossy magazines, fine paper, window envelopes, greeting cards and paper egg cartons. Clear or coloured glass bottles and jars are recyclable, as well as plastic bottles and jugs, grocery bags, drycleaning and merchandising bags and outer milk bags. Most metal is also recyclable, including aluminum pie plates and trays, empty aerosol cans and empty paint, stain and varnish cans. Please check your waste to see if it is reusable before you recycle it. If you do not have a blue box already call Third Sector for a delivery.

Third Sector
545-4480



Sports Equipment

Children grow out of their sports equipment so quickly, that it can be very costly to keep them in sports. Try buying used equipment and trading in your old equipment. These stores buy, sell, accept on consignment or do trade-ins of used sporting equipment. Also watch out for garage sales, and skate exchange programs run at your local schools.

Davidson's Sports & Cycle Shop
952 Upper Wellington St.,
Hamilton
383-0435

Hockey equipment, ice skates, roller blades.

Hamilton Audiovideo Liquidators
201 King St. E.,
Hamilton
523-5937

S-T

Kenesky Sports & Cycle Co. Ltd.

221 Barton St. E.,
Hamilton
527-1021
Hockey Equipment.

Larry's Sport Shop

2289 Barton St. E.,
Hamilton
578-6555

Play It Again Sports

1024 Upper Wentworth St.,
Hamilton
387-9900

Sports Traders

970 Upper James St.,
Hamilton
387-4000

Springy's Sports & Cycle Co. Ltd.

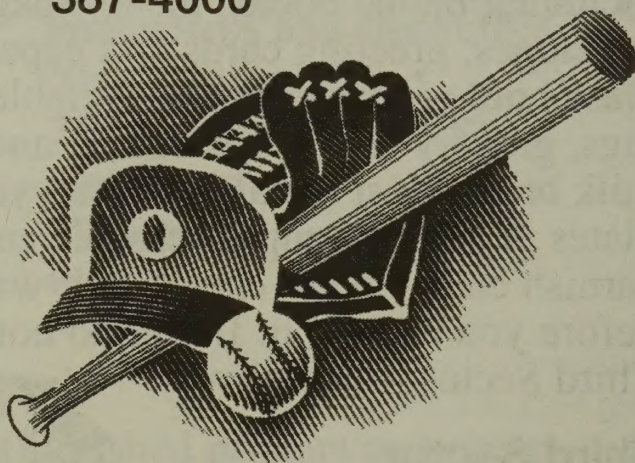
1048 Barton St.,
Hamilton
544-2657
Ice skates.

Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884



Tires

Tires are considered hazardous waste, and should not be disposed of in a landfill. When your tires need to be replaced take them to these used tire centres. You can usually trade them in for refurbished tires and rest assured that your old tires will not end up in the dump.

Beverly Tire

580 Fennel St. E.,
Hamilton
389-5302

Canadian Tire**6 Locations:**

50 Cootes Dr.,
Dundas
627-3535

777 Upper James St.,
Hamilton
385-5376

686 Queenston Rd.,
Stoney Creek
560-1331

601 Upper Gage Ave.,
Hamilton
385-6011

1089 Barton St. E.,
(Centre Mall), Hamilton
549-1338

304 Main St. E.,
Hamilton
528-8405

At Canadian Tire outlets, useable tires are shipped overseas.

East End Tire

1230 Barton St. E.,
Hamilton
544-6250

Gilberts Tire Sales & Service

1019 Barton St. E.,
Hamilton
545-5575

Glendale Motor

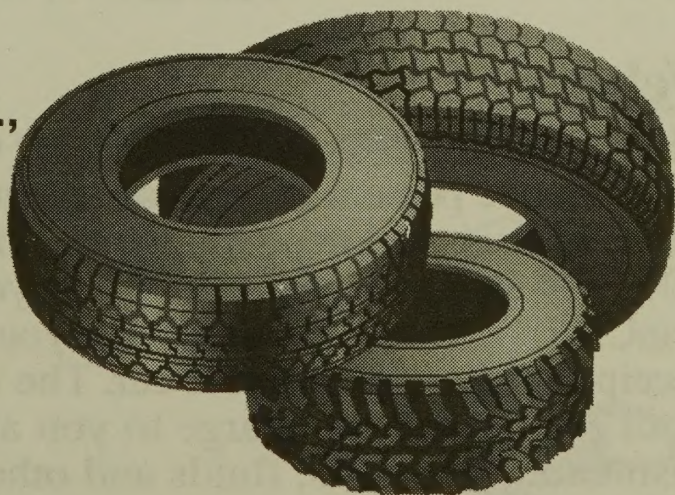
407 Wilson St. E.,
Ancaster
648-4113

Jeff's Tire Sales (Hamilton) Ltd.

154 Grenfell St.,
Hamilton
549-5834

Mountain Tire Ltd.

473 Upper Wellington St.,
Hamilton
383-9611





Vacuum Cleaners

The following businesses buy, sell, or accept trade-ins of used vacuum cleaners.

Factory Vac

179 Parkdale Ave. N.,
Hamilton
544-3210

Hamilton Audiovideo Liquidators

201 King St. E.,
Hamilton
523-5937

Ontario Vacuum

139 Kenilworth Ave. N.,
Hamilton
548-8484

Santino Electric Limited

16 Community Ave.,
Stoney Creek
662-3543

Superior Vacuum

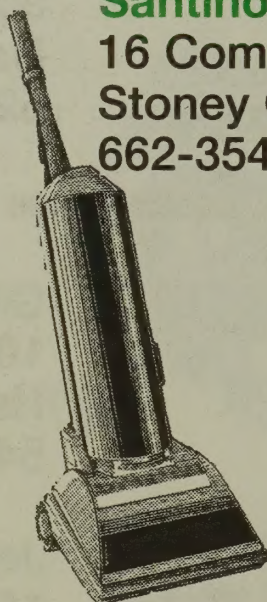
184 King St. W.,
Dundas
628-6892

Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884



Vehicles

More than 400 000 cars are taken off Ontario roads every year. Seventy-five percent of a car's content by weight can be reused or recycled, and working parts can be refurbished and sold for 20%-50% less than new parts. Recycling your car through the reinCARnate program means that you will receive a charitable tax receipt for the value of your car. The car will be removed from your property at no charge to you and your vehicle will be dismantled for parts, fluids and other materials. Please call the

Recycling Council of Ontario to find out how you can become a donor. Most used auto parts outlets will also purchase used cars to dismantle and sell the individual parts. See Auto Parts.

Recycling Council of Ontario and Ontario Automotive Recyclers Association

489 College St., Suite #504,
Toronto
1-888-CAR-DIED

Videos and Video Games

It seems that there is always a new video game or system for sale. Keep your children happy by buying used games and systems. When your children tire of the same old games, trade-in the old ones for updated versions. Most video rental stores will sell previously viewed movies, and some also sell used video games.

Computer Trade-In Post

190 Locke St. S.,
Hamilton
521-2983

Converter Vision

1347 Main St. E.,
Hamilton
545-0263

Gem-K Video

10 Rockland Ave.,
Hamilton
318-6831

Hamilton Audiovideo Liquidators

201 King St. E.,
Hamilton
523-5937

Rave Records

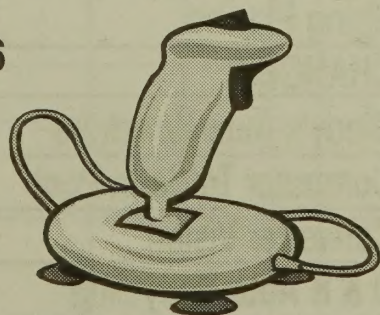
2 Locations:

215 King St. E.,
Hamilton
777-9491

542 Concession St.,
Hamilton
387-9976

Rhythm Rob's

228 Locke St. S.,
Hamilton
546-5538





Value Village Stores Inc.

2 Locations:

530 Fennel Ave. E.,
Hamilton
318-0409

840 Queenston Rd.,
Stoney Creek
664-8884

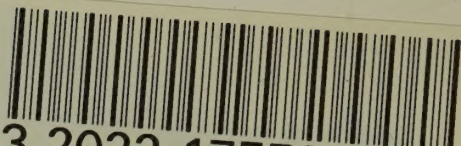
Outlet Directory

Outlet Name	Charitable Affiliation	Non-Profit	For Profit	Community Organization	Government	Donations for Charitable Distribution	Donations for Resale	Purchase Goods	Consignment	Goods Exchange
Advantage Auto Parts & Wreckers			*				*	*		
AFB Auto Electric Inc.			*							*
Allan Petteplace Bookseller			*			*	*	*		*
Ancaster Cycle Ltd.			*							*
Ashbury Antiques			*					*		
Barone's Books			*					*		*
Beverly Tire			*							
Bible For Mission Thrift Store	*	*					*			
Book Gallery-John Stirling			*			*	*	*		
"Canadian Tire, Auto Service Centre"			*							
"Canadian Tire, Pit Stop Service Centre"			*							
Centre for Progressive String Playing			*					*		
CHANGES			*						*	
Cindy's Auto Wreckers			*				*	*		
Computer Trade-In Post			*					*		*
Converter Vision			*					*		*
D & K Auto Recycling			*					*		

Outlet Name	Charitable Affiliation	Non-Profit	For Profit	Community Organization	Government	Donations for Charitable Distribution	Donations for Resale	Purchase Goods	Consignment	Goods Exchange
Davidson's Sports & Cycle Shop			*				*			*
Dependable Used Appliances			*					*		
Drury Lane Antiques			*					*		
East End Tire			*							
Eastside Furniture Sales			*					*		
Entertainment Direct			*			*		*		
Factory Vac			*							*
Gem-K Video			*					*		
Gilberts Tire Sales & Service			*					*		*
Glendale Motor			*							
Gobles Sales Arena			*					*		
GPV's 4x4 Inc.			*					*		
Hamilton Audiovideo Liquidators			*					*	*	
Hamilton Vacuum			*							*
Hamilton-Wentworth Green Venture		*		*						
Hotz Environmental Services Inc.			*							
In Yer Ear			*					*		*
J L Sound Systems			*					*		*
Jeff's Tire Sales (Hamilton) Ltd.			*							*
Jim's Service Centre			*				*			
Kenesky Sports & Cycle Co. Ltd.			*							*
Keyboard Centre			*					*		*
Kooshies Diapers & Baby Products			*							
Larry's Sport Shop			*							*

Outlet Name	Charitable Affiliation	Non-Profit	For Profit	Community Organization	Government	Donations for Charitable Distribution	Donations for Resale	Purchase Goods	Consignment	Goods Exchange
LaserAge			*					*		
Lasertech			*							*
Leaf and Yard Waste Recycling					*					
Lion's Book Den			*			*	*	*		*
M.E.S. Music Equipment Sales Ltd.			*					*	*	*
Major Appliances Plus			*				*	*		
Mann Auto Parts & Service Ltd.			*					*		
McVey's Sales			*					*		*
Mike Hill Auction			*					*		
Mike's World of Books			*					*		*
Mountain Bookstore			*							*
Mountain Music			*					*		*
Mountain Tire Ltd.			*							
New Horizons Thrift Shop	*	*					*			
North End Contribution/ Distribution Centre	*					*	*			
Once Upon A Child			*					*		
One Forty Eight Shop			*						*	
Ontario Vacuum			*							*
Payne Music House			*						*	*
Petticoat Junction			*						*	
Play It Again Sports			*					*	*	*
Pongetti Musical Instruments Ltd.			*					*	*	*
Rave Records			*					*		*
Rave Records			*					*		*
Recycling Council of Ontario and Ontario Automotive Recyclers Association	*	*								
Reggie's Music & Sound			*					*	*	*

Outlet Name	Charitable Affiliation	Non-Profit	For Profit	Community Organization	Government	Donations for Charitable Distribution	Donations for Resale	Purchase Goods	Consignment	Goods Exchange
Revivaprint			*							*
Revolving Closet			*						*	
Rhythm Rob's			*					*		*
Ribbon Green Recycling International Inc.			*							*
Rock Chapel Antiques and Statuary			*					*		
Santino Electric Limited			*							*
Scattolon Cycle & Sports			*					*	*	*
Second Time Around			*						*	
Serendipity			*							
Spin Cycle			*					*	*	
Sports Traders			*					*	*	*
Springy's Sports & Cycle Co. Ltd.			*							*
Superior Vacuum			*							*
The Appliance Doctor			*				*	*		
The Book Shop			*			*		*		*
The Clothes Closet			*				*		*	
The Growing Place			*					*	*	*
The Guitar clinic			*				*	*	*	*
The Music Gallery			*					*	*	*
The Music Stand			*					*	*	*
The Villa Ltd.			*					*		
The Westdale Bookworm			*		*		*		*	
Trade Winds Antiques and Refinishing			*					*		
Tucker Plus			*							
Twice As Nice			*				*		*	
Twice Lucky			*						*	
Value Village Stores Inc.			*				*			
Wal-Mart			*							
Wooden Horse Antiques			*					*		



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